

POLAR PLUNGE '10

Saturday, February 27th we'll be FREEZIN' FOR A REASON!

REGISTRATION FORM

Name: _____

Team: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____



Tim's Rivershore Restaurant & Crabhouse

1510 Cherry Hill Road, Dumfries, VA 22026

(For directions visit www.timsrivershore.com, or call 703-441-1375)



RAISING FUNDS

- * Collect pledges in person – ask co-workers, friends and neighbors to sponsor you and record your progress on this form.
- * Go to www.firstgiving.com/sova and build your own fundraising page for the Tim's Rivershore Polar Plunge. It's safe and easy, the funds go directly to Special Olympics Virginia and we keep track of your pledges for you.

The more you raise the bigger the prize!

Raise at least \$250 to receive Tim's Rivershore gift certificates (\$25 value for each increment of \$250 raised).

The plunger who raises the most money will get a pair of round-trip tickets on JetBlue Airways!!

ON PLUNGE DAY

Registration: February 27th from 10:00am – 2:00pm
Plunge at 2:30pm, followed by the Post Plunge Party

(Wear a bathing suit or costume and protective footwear)

CONTRIBUTIONS FORM

You must raise a minimum of \$100 to Plunge!

Name	Phone Number	Email Address	Pledge
1. _____	_____	_____	\$ _____
2. _____	_____	_____	\$ _____
3. _____	_____	_____	\$ _____
4. _____	_____	_____	\$ _____
5. _____	_____	_____	\$ _____
6. _____	_____	_____	\$ _____
7. _____	_____	_____	\$ _____
8. _____	_____	_____	\$ _____
9. _____	_____	_____	\$ _____
10. _____	_____	_____	\$ _____
11. _____	_____	_____	\$ _____
12. _____	_____	_____	\$ _____
13. _____	_____	_____	\$ _____
14. _____	_____	_____	\$ _____
15. _____	_____	_____	\$ _____

Please make checks payable to: Special Olympics Virginia TOTAL\$ _____



Opening Hearts. Changing Minds.

The Special Olympics oath is *Let me win. But if I cannot win, let me be brave in the attempt.*
Be a fan of dignity, respect & fun. Help Special Olympics Virginia build a more inclusive society – and we all win.



Special Olympics
Virginia

 Check out www.polarplunge.com (Tim's Rivershore option) for details, or call 703-359-4301

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